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LONGEVITY INDUSTRY ANALYTICS

Longevity Real Estate Industry Landscape Overview

Q1 2025

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Introduction

The Longevity Real Estate industry is emerging as a critical sector within the broader Longevity Economy, driven by the global aging population and technological advancements in healthcare. This industry focuses on the design, development, and management of real estate specifically tailored to the needs of aging individuals, combining AgeTech, HealthTech, and sustainable living practices to enhance Healthspan and Quality-Adjusted Life Years (QALYs). Properties in this sector are equipped with smart technologies, health-monitoring systems, and adaptable living spaces to support aging in place and enable residents to maintain independence longer. As the world's population over 60 grows, the demand for age-friendly housing, assisted living facilities, and wellness-centric communities is set to increase. Longevity Real Estate not only promotes healthier, more fulfilling lives but also presents new opportunities for investment, with properties designed to integrate healthcare, technology, and financial models that cater to the needs of an aging society.

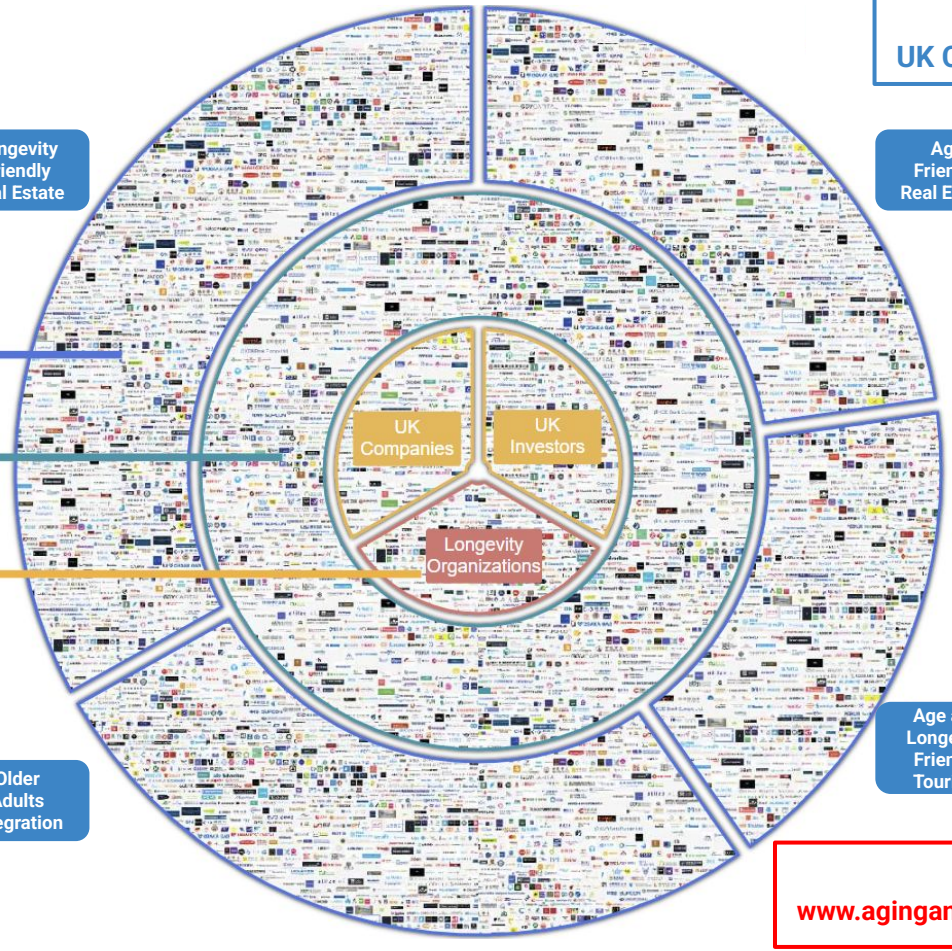
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LONGEVITY INDUSTRY ANALYTICS

Longevity Real Estate Industry Outlook

Longevity International Real Estate Q1 2025

Companies– 15400
Investors – 2200
UK Companies and Investors– 1300



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Longevity Real Estate Industry Outlook

Longevity Real Estate is a specialized sector focused on **designing, developing, and investing** in properties that enhance the health, well-being, and independence of aging populations. With rising global life expectancy, demand for **senior-friendly housing and healthcare-integrated developments** is growing rapidly.

This sector includes **senior living communities, age-friendly housing, and healthcare real estate**, designed to support active and healthy aging through mobility-friendly designs, smart home technology, and on-site healthcare services. It also plays a crucial role in urban planning, ensuring accessibility to medical services, public transportation, and social spaces to foster inclusive communities.

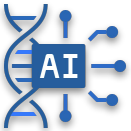
Beyond its social benefits, Longevity Real Estate is **an emerging investment opportunity**, attracting developers, investors, and policymakers. As healthcare, real estate, and technology converge, this sector is poised to drive long-term economic growth and innovation in urban development.

Drivers of Growth



Aging Population Boom

Global life expectancy is rising, increasing demand for senior housing.



Healthcare & AI Integration

The rise of telemedicine, AI, and smart home automation is enhancing independent living and senior care.



Strong Investment & Policy Support

Governments and investors are backing age-friendly infrastructure, senior housing incentives, and healthcare-focused developments.

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LONGEVITY INDUSTRY ANALYTICS

Longevity Real Estate Industry Key Features

Longevity Real Estate Industry Key Features

Elderly-Centric Design
Longevity real estate refers to land and buildings designed to meet the unique needs of older adults, incorporating features like wider doorways, ramps, and step-free access to enhance mobility and ensure safety.

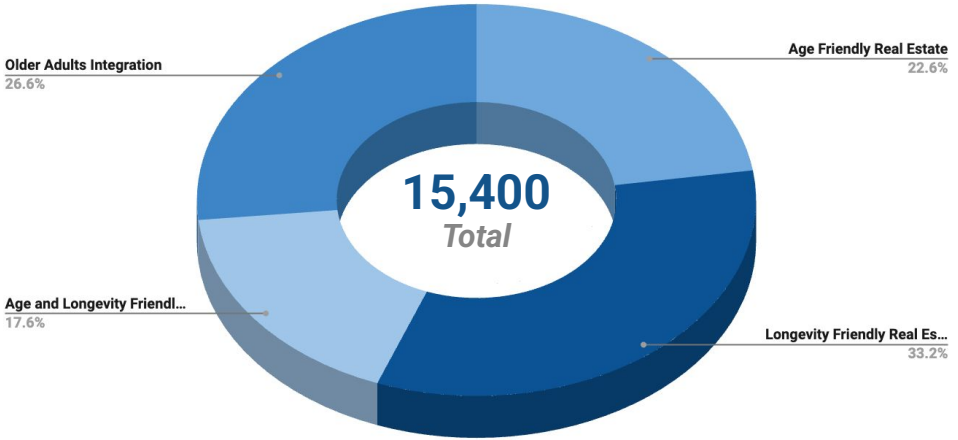
Health and Wellness Integration
These developments are equipped with healthcare services, fitness centers, and wellness programs, addressing the physical, mental, and emotional health of residents. Some properties integrate smart health technologies for real-time health monitoring.

Adaptability and Flexibility
These properties are designed to be adaptable to the evolving needs of aging residents, allowing for modifications to living spaces as mobility decreases or healthcare needs change over time

Promoting Independence
One key goal is to allow elderly residents to maintain independence for as long as possible by integrating technologies and services that support autonomous living.

Age Friendly Real Estate	3,477
Longevity Friendly Real Estate	5,112
Age and Longevity Friendly Tourism	2,710
Older Adults Integration	4,101

Number of Companies by Industry



Longevity Real Estate Framework

Longevity Real Estate Developers

- Senior Living Communities
- Age-Friendly Housing Developers
- Health and Wellness-Integrated Real Estate
- Mixed-Use Longevity Developments
- Active Adult Housing Developers
- Continuing Care Retirement Communities

Longevity-Focused Investors

- Longevity REITs
- Private Equity in Senior Housing
- Longevity-Focused Venture Capitalists

Healthcare and Assisted Living Services

- Assisted Living Facilities
- Memory Care Centers
- Home Healthcare Service Providers

Technology Solutions for Longevity Real Estate

- Smart Home Automation for Seniors
- Remote Health Monitoring Systems
- AI and IoT for Assisted Living

Longevity Design and Architecture

- Age-Inclusive Urban Planning
- Wellness-Centric Building Design
- Smart Homes for Aging Populations

Longevity Real Estate Regulatory and Policy Bodies

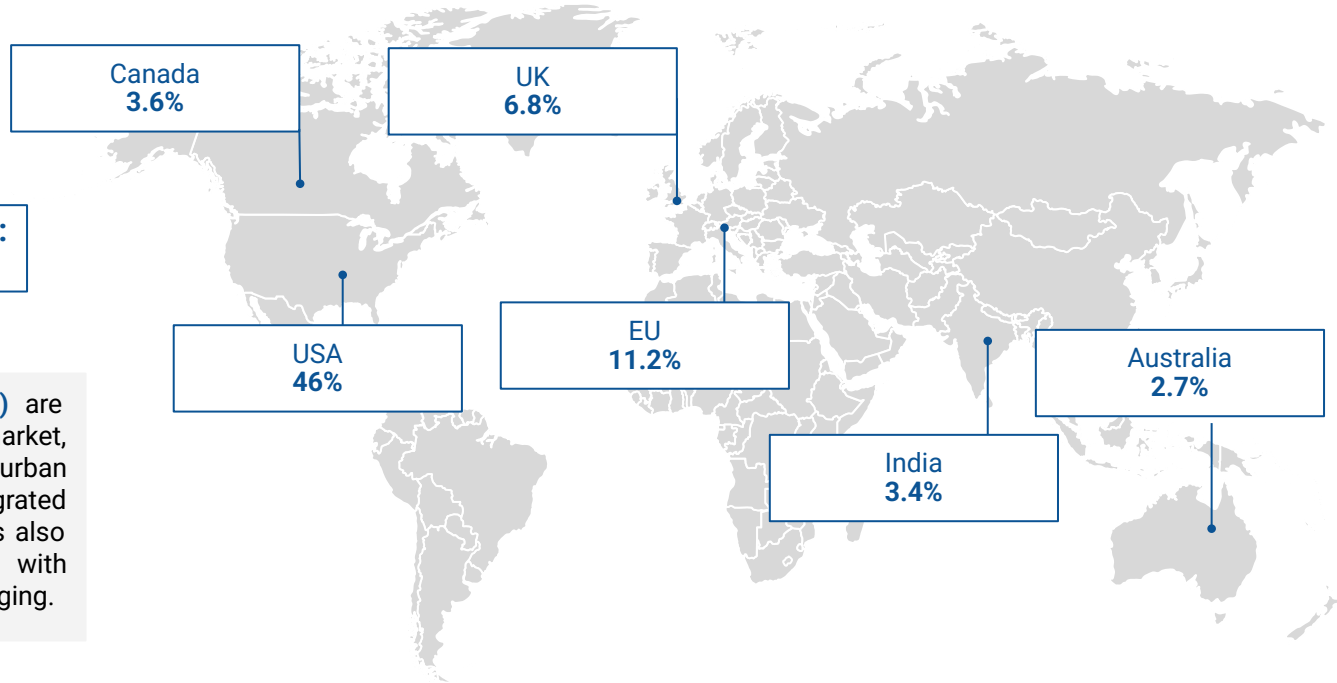
- Government Age-Inclusive Housing Programs
- Senior Housing Policy Makers
- Healthcare Regulations Impacting Real Estate

Longevity-Focused Financial Institution

- Reverse Mortgage Providers
- Long-Term Care Insurance
- Longevity-Based Investment Banks

Longevity Real Estate Industry at a Glance

Total Amount of Companies: 15,400



Canada (3.6%) and **India (3.4%)** are also emerging players in the market, focusing on age-inclusive urban planning and healthcare-integrated developments. **Australia (2.7%)** is also witnessing steady growth, with increasing investments in smart aging.

In 2024, the Longevity Real Estate sector continues to expand globally, with the **United States leading the market**, accounting for **46% of all companies** in the sector. The **European Union (11.2%)** and the **United Kingdom (6.8%)** also play significant roles in shaping the industry, driven by aging populations and strong investment in senior housing and healthcare infrastructure.

Longevity Real Estate: Cluster Analysis





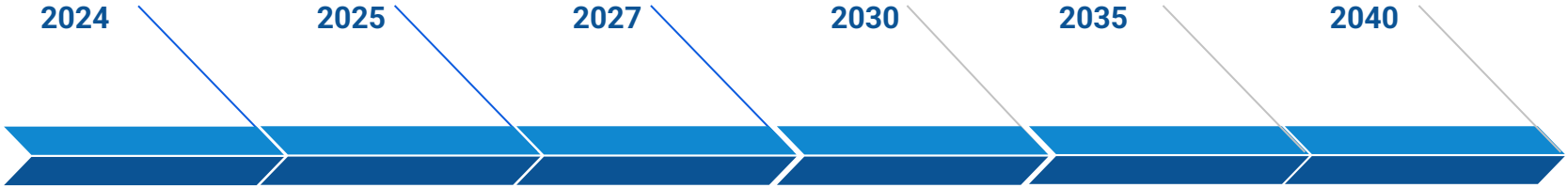
Total Companies	3,477
Total Investors	5,112
Total Hubs	2,710



Ecosystem Highlights

Technological Integration in Senior Living	The integration of AI and smart technologies is transforming senior living spaces, enabling personalized health monitoring and enhancing residents' quality of life through automation and real-time health data.
The Rise of Age-Friendly Housing	Accommodating the evolving needs of older adults by incorporating universal design principles, accessibility features, and proximity to healthcare and social services, promoting independent living, safety, and community engagement and supportive environments.
Longevity Finance and Real Estate Investments	Longevity-focused real estate is attracting significant investments, with new financial products like Longevity REITs emerging. These investments drive the development of age-friendly housing and longevity-centric urban infrastructures worldwide.
Global Hubs for Longevity Real Estate	Despite promising growth, challenges remain, including regulatory hurdles, affordability concerns, and the need for integration between healthcare services and housing. These barriers hinder the widespread adoption of longevity real estate solutions.
Challenges in Longevity Real Estate Development	Certain regions are positioning themselves as global leaders in longevity real estate, focusing on health-conscious urban development, sustainable infrastructure, and creating communities that prioritize aging populations.

Recent and Future Developments Timeline



2024 — Age-Friendly Housing Expansion

The demand for age-friendly housing solutions significantly increases as more cities introduce regulations.

2025 — Smart City Developments

Smart cities with integrated AI, IoT, and healthcare systems are developed, offering tailored solutions for aging populations' needs.

2027 — Longevity REITs Growth

Real estate investment trusts (REITs) focused on senior living and age-friendly housing experience rapid growth, attracting new investors.

2030 — Health & Wellness Integration

Cities begin to integrate health and wellness solutions into urban design, with spaces focused on aging populations.

2035 — Global Longevity Hubs

Certain regions like Switzerland, Singapore, and Monaco become key global hubs for longevity real estate investments, attracting international attention.

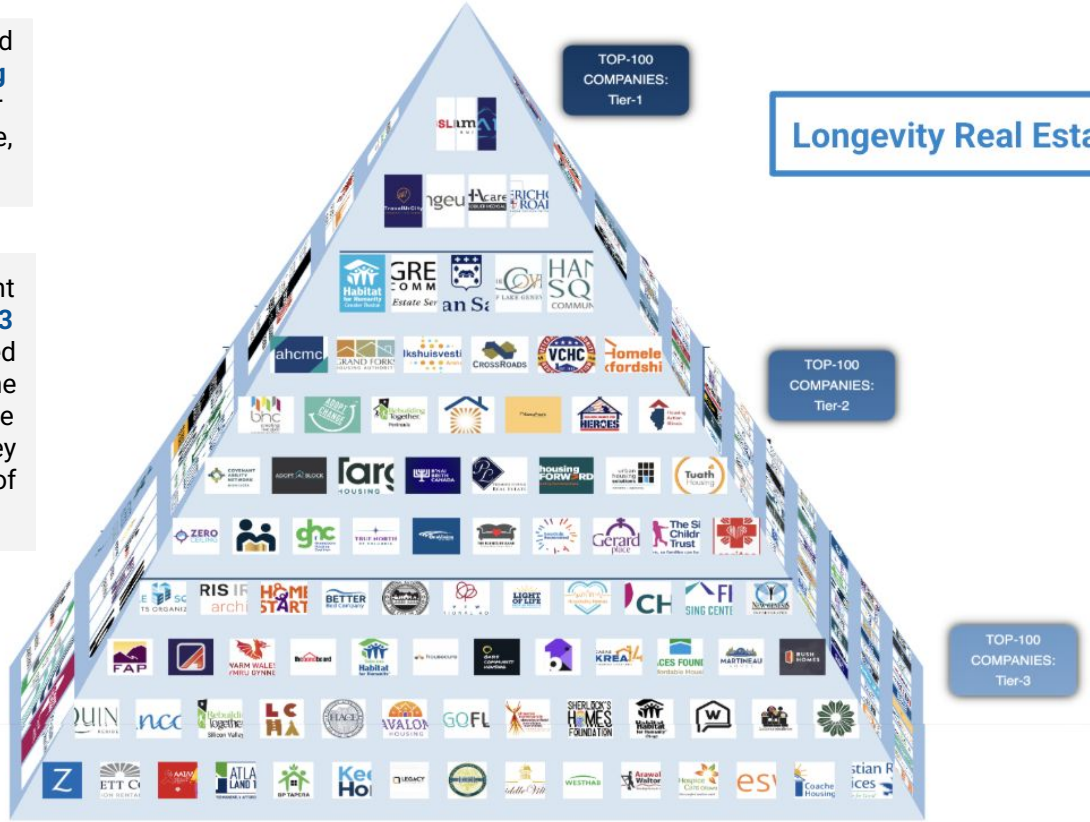
2040 — Sustainability in Housing

Eco-friendly, sustainable LRE developments are increasingly prioritized, with green building materials and energy-efficient technologies becoming standard.

Longevity Real Estate Pyramid: Market Leaders & Innovators

The Longevity Real Estate Pyramid categorizes the top **companies driving innovation and investment** in senior housing, healthcare-integrated real estate, and age-friendly urban development.

The **Tier-1** companies at the top represent industry leaders, while **Tier-2** and **Tier-3** include emerging players and specialized firms contributing to the growth of the sector. This framework highlights the competitive landscape and key stakeholders shaping the future of longevity-focused real estate.



Longevity Real Estate Hall of Fame



Peter Diamandis
Health and Real Estate Innovation
XPRIZE



Dr. Nir Barzilai
Aging and Biomedical Research
Albert Einstein College of Medicine



Dr. David Sinclair
Anti-Aging and Biohacking
Harvard Medical School



Rafael Yuste
Neurotechnology and Health
Columbia University



Larry Page
Technology
Google



Dr. Mark Hyman
Biohacking
Founder of FoundMyFitness



Dr. Joseph Maroon
Brain Health and Longevity
Neurosurgeon



Tony Robbins
Health and Wellness Advocate
Author



Stephen Ross
Real Estate Development
Real estate developer



Dr. Rhonda Patrick
Longevity and Biohacking
FoundMyFitness



Marty Neumeier
Branding and Product Design
autho



Dr. Dan Siegel
Neurocognitive Science
Clinical professor



Elon Musk
Technology and Innovation
Tesla and SpaceX



Dr. Craig Venter
Genomics and Longevity
Human Longevity Inc.



Joe Dispenza
Neuroplasticity and Health
Researcher



Brian Chesky
Real Estate and Hospitality
Airbnb



Jeff Bezos
Blue Origin
Amazon



Dr. Elizabeth Blackburn
Telomere Research and Longevity
Biochemist



Marc Andreessen
Technology and Investment
Andreessen Horowitz



Catherine McKenna
Environment and Green Building
Canada



Scott Belsky
Technology andInnovation
Founder of Behance



Vishal Garg
Real Estate Tech and Finance
CEO of Better Mortgage



Dr. Robert Lustig
Health and Metabolic Health
Endocrinology at the University of California



Carlo Ratti
Urban Technology and Smart Cities
MIT Senseable City Lab



Sebastian Thrun
Co-Founder of Google X
Udacity

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Longevity Real Estate Summary



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LONGEVITY INDUSTRY ANALYTICS

Longevity Real Estate

Longevity Real Estate in the Context of the Longevity Blueprint Advanced Management System (LBAMS)

Longevity Real Estate Corporate Blueprints

Longevity Real Estate Corporate Blueprints (Ideal Pipeline for Project Execution)

Hotel Refurbished into Longevity Clinic

Description: Transform an existing hotel or resort into a longevity clinic, blending hospitality with advanced wellness and medical services.

Features

1. Remodelling: Convert hotel rooms into medical suites and wellness areas.
2. Wellness and Health Services: Health assessments, anti-aging treatments, and personalised wellness programs.
3. Specialist Staff: Medical professionals, wellness coaches, and therapists.
4. Target Clients: Health-focused travellers seeking a combination of vacation and medical care.

Key Benefits: Provides health-conscious tourists with high-quality wellness services in a comfortable, familiar hotel setting.

New Longevity Clinic in a Resort

Description: A from-scratch longevity clinic built within a resort, designed for high-end clients seeking wellness services alongside their luxury vacation.

Features:

1. Eco-Friendly Design: Incorporates sustainable building materials and wellness-oriented architecture.
2. Comprehensive Medical Services: Diagnostics, anti-aging programs, and biohacking treatments.
3. Advanced HealthTech Equipment: State-of-the-art health tech, including body scanners and labs.
4. Target Clients: Elite guests wanting comprehensive health care integrated into their vacation.

Key Benefits: A luxury resort that offers not only relaxation but personalised longevity services for long-term health improvement.

Healthy Lifestyle Homes and Apartments

Description: Residential spaces focused on supporting wellness, from clean air to fitness facilities, providing residents with an environment that promotes overall health.

Features:

1. Clean Air Systems: Air and water purification for optimal health.
2. In-Home Fitness & Wellness: Yoga rooms, meditation spaces, and personal fitness facilities.
3. Smart Health Monitoring: Sensors to track air quality, sleep patterns, and physical health metrics.
4. Target Clients: Families or individuals focused on optimising their health in daily life.

Key Benefits: Residents enjoy continuous health improvements thanks to built-in features that promote mental and physical well-being.

Longevity Real Estate Corporate Blueprints

Longevity Real Estate Corporate Blueprints (Ideal Pipeline for Project Execution)

Longevity City Zones

Description: Urban areas or neighbourhoods designed with wellness in mind, featuring green spaces, eco-friendly infrastructure, and community health resources.

Features

1. Urban Design: Parks, walkable areas, and bike paths integrated into the city layout.
2. Wellness Centers: Clinics and wellness centres offering preventive health services, diagnostics, and treatments.
3. Sustainable Living: Eco-friendly buildings with low energy consumption and renewable energy sources.
4. Target Clients: Urban professionals and families seeking a health-focused lifestyle.

Key Benefits: Residents benefit from living in a clean, health-conscious environment that encourages physical activity and community connection.

Longevity Business Mega-Centers

Description: Large-scale facilities housing multiple health and wellness clinics under one roof, providing diverse services in one centralised location.

Features:

1. Multi-Clinic Setup: Offers a range of services, from regenerative medicine to wellness and mental health.
2. Shared Resources: Centralised labs, diagnostic tools, and data-sharing between clinics.
3. AI-Driven: AI-powered systems to manage patient data, diagnostics, and personalised treatment plans.
4. Target Clients: Healthcare professionals, companies, and high-net-worth individuals.

Key Benefits: A convenient, centralised location for advanced health services, offering cutting-edge treatments with streamlined processes.

Existing Longevity Clinic Upgrade

Description: Enhancing an existing clinic with new technologies, modern infrastructure, and expanded services to offer the latest in longevity and wellness.

Features:

1. Technology Upgrades: Implementing AI diagnostics, robotic treatments, and telemedicine platforms.
2. Expanded Services: Adding new wellness programs, such as biohacking, regenerative medicine, or mental health therapies.
3. Renovations: Upgrading patient spaces to create a more comfortable, modern healing environment.
4. Target Clients: Current patients and new clients seeking cutting-edge treatments.

Key Benefits: Offers more advanced services and a more comfortable patient experience, improving overall clinic performance.

Longevity Real Estate Corporate Blueprints

Longevity Real Estate Corporate Blueprints (Ideal Pipeline for Project Execution)

Loneliness-Combating Community Spaces

Description: Real estate focused on fostering social connections and reducing loneliness, integrating community wellness activities into residential living.

Features

1. Shared Social Spaces: Lounges, community kitchens, and co-working spaces that encourage interaction.
2. Organised Events: Group fitness, meditation sessions, and social events to promote bonding and reduce isolation.
3. On-Site Mental Health Services: Access to therapists and counsellors, group therapy sessions, and mental wellness workshops.
4. Target Clients: Seniors, singles, and those seeking stronger community ties.

Key Benefits: Encourages social engagement and emotional well-being, helping residents combat loneliness and mental health challenges.

Clean Air and Environmental Wellness Living

Description: Homes equipped with advanced air filtration systems and eco-friendly designs to provide an optimal living environment focused on respiratory and environmental health.

Features:

1. Air Filtration Systems: High-tech purification systems that continuously remove pollutants and allergens.
2. Green Design: Indoor plants and natural elements incorporated to improve air quality and mental wellness.
3. Real-Time Monitoring: Sensors that monitor indoor air quality and adjust systems automatically for optimal health.
4. Target Clients: Health conscious individuals with eco-friendly living goals.

Key Benefits: Cleaner air for better respiratory health, improved mental clarity, and reduced environmental stress.

Mindfulness and Meditation Residences

Description: Homes designed with mindfulness and meditation at core, offers spaces and services focused on mental relaxation and stress relief.

Features:

1. Meditation Rooms: Calm, quiet spaces designed for meditation and relaxation, equipped with sound therapy and natural light.
2. Mindfulness Coaches: On-site or virtual meditation guides to help residents practise mindfulness.
3. Nature-Inspired Design: Open spaces with natural elements like water features and plants, promoting calmness and mental clarity.
4. Target Clients: Individuals seeking mental peace, emotional balance, and stress management.

Key Benefits: Promotes mental clarity, reduces anxiety, and fosters emotional well-being in everyday life.

Longevity Real Estate Corporate Blueprints

Longevity Real Estate Corporate Blueprints (Ideal Pipeline for Project Execution)

Wellness-Focused Family Homes

Description: Family homes designed to enhance overall wellness, with features that promote physical health, mental well-being, and family bonding.

Features

1. Family Wellness Programs: On-site or virtual coaching for parents and children focused on health, nutrition, and mental wellness.
2. Outdoor Play Areas: Safe, stimulating play spaces for children and fitness trails for the entire family.
3. Healthy Kitchens: Equipped with smart cooking appliances and water filtration systems for easy, nutritious meal preparation.
4. Target Clients: Families seeking a healthier, more connected lifestyle.

Key Benefits: Supports family health and wellness in a cohesive, nurturing environment.

Nature-Integrated Living Spaces

Description: Homes that blend indoor and outdoor living to enhance wellness through direct access to nature, promoting physical and mental health.

Features:

1. Indoor-Outdoor Living: Large windows, open-air patios, and garden spaces integrated into daily living areas.
2. Nature Therapy Programs: Access to activities like forest bathing, gardening, and nature walks.
3. Sustainable Materials: Homes built using eco-friendly, natural materials like wood and stone.
4. Target Clients: Nature lovers and those looking to reconnect with the environment for better mental health.

Key Benefits: Enhances mental well-being, reduces stress, and fosters a deeper connection with nature.

Multi-Generational Wellness Communities

Description: Communities designed for multi-generational living, offering wellness services tailored for different age groups to encourage family bonding and well-being.

Features:

1. Intergenerational Living: Homes designed to accommodate extended families, with shared spaces for interaction and separate areas for privacy.
2. Health Monitoring: Wearable tech and smart home systems that track the health of each generation, from children's activity levels to seniors' well-being.
3. Group Wellness Programs: Wellness activities for the whole family, such as yoga for all ages, fitness classes, and family-centred wellness coaching.

Key Benefits: Promotes mental clarity, reduces anxiety, and fosters emotional well-being in everyday life.

Real Estate Longevity Home

Longevity Biohacking Room



The Longevity Biohacking Room Blueprint offers a comprehensive approach to well-being, health and longevity

Longevity Kitchen



The Longevity Kitchen Blueprint aggregates health-conscious technologies and protocols for optimized diet all inside the kitchen

Longevity Home

Longevity Suitcase (Mobile Blueprint)



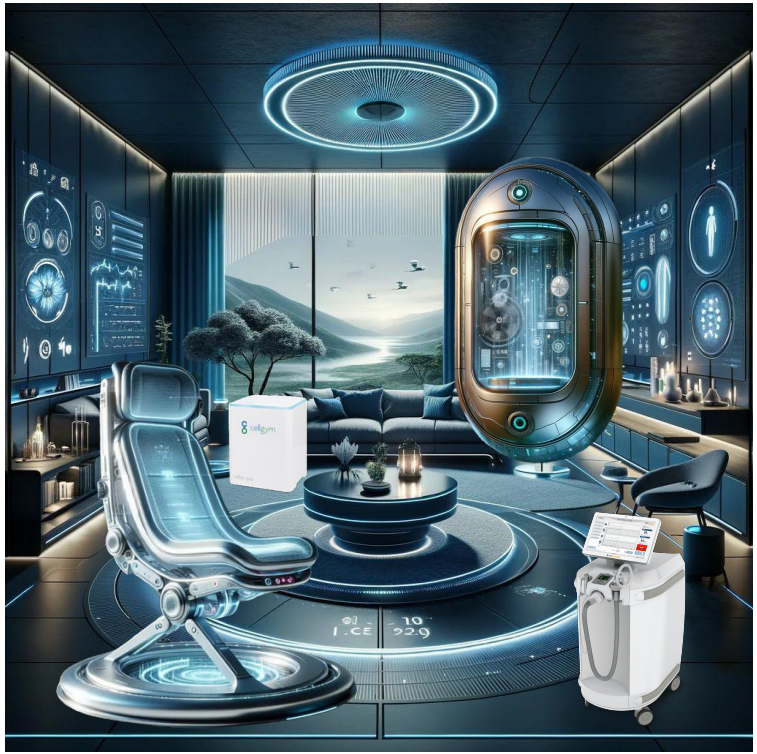
A 10 kg travel case packed with devices for on-the-go Longevity Diagnostics and Treatments

Longevity Sleeping Room



The Sleep Room Blueprint enhances sleep with advanced technologies

Real Estate Longevity Home



The Longevity Biohacking Room Blueprint transforms the home's most commonly-occupied living spaces into an ergonomic system for Health, Longevity and Performance Enhancement through a combination of AI Co-Pilot-guided, executed and adjusted equipment.

Featuring diagnostic and prognostic tools and cabinets, non-intrusive and easily storable medical devices and at-home therapies, both light, medium and intensive stow-away home exercise modules, and 'lite' versions of other more intensive diet, exercise and rest equipment found in other rooms within the Longevity Home, the Longevity Room is the meeting-point of all other room-specific Longevity Home blueprints and protocols.

With equal focus on Health, Performance and Longevity, most of its equipment is easily stowable, its permanent fixtures also serve as stylish design elements, and the entire system is guided by IoT and sensor-connected AI Co-Pilots which adjust their real-time recommendations and specific protocol compositions according to homeowner sensors (e.g. wearables) and smart-home sensors.

Types of Longevity Room Practices

Diagnostic and Monitoring Practices

- High-frequency Testing
- Body Composition Analysis
- AI-Powered Monitoring Devices
- Biomarkers Assessment
- Cardiovascular Monitoring
- Sleep Tracking

Treatment and Therapy Procedures

- IV Treatments
- Hormone Replacement Therapy
- Intermittent Hypoxic - Hyperoxic Treatments
- Ozone Treatment
- Nutritional Counseling
- Light Therapy

Sports and Physical Well-being

- Cardio Workouts
- High-Intensity Interval Training
- Oxygen Therapy
- Virtual Cycling or Running
- Hyperbaric Breathing Exercises
- Smart Resistance Training

Cosmetology and Aesthetic Care

- At-Home Facial Treatments
- Personalized Skincare Routine
- Electromagnetic Stimulation
- Dermoscopy for Skin Analysis
- Microdermabrasion
- Chemical Peels

Longevity Sleeping Room Blueprint



The Sleeping Room Blueprint aggregates the best technologies and protocols available for sleep optimization, from air, temperature and brightness control to sleep-focused NeuroTech, vibration dampening and sound isolation, and real-time monitoring of carbon dioxide and monoxide.

Besides deep sleep-optimization protocols and equipment, it also features a number of technologies and modalities designed to apply light health and Longevity-enhancing therapies that are safe to execute during sleep, such as salt walls.

A wealth of data have confirmed that **sleep is one of the very best Longevity Medicines**, and optimization of external and environmental factors affecting sleep pattern, depth, duration and quality can have the same tangible effects as changes to diet and exercise.

Sleep Room Equipment

Environmental Control Systems

- Temperature Control System
- Purification System
- Allergen and Dust Particle Sensor
- Humidity Control System
- CO2 Monitoring System
- Carbon Monoxide Detector
- Oxygen Control System
- Ventilation System
- Ergonomic Sleep Furniture
- Salt Lamps and Salt Walls

Ambient Enhancement

- Red Light
- Sound Isolation System
- Sound System
- Vibration Sensors
- Video System

Safe Alert System

- Heart Rate Monitoring
- ECG Monitoring
- Alerts System
- Sleep Monitoring System
- Respiratory Rate Monitoring

Safety Monitoring Systems

- Electromagnetic Shielding
- Fire Alarm System
- Geiger Counter Integration
- Smart Wake-Up Technology

Longevity Kitchen Blueprint



The Longevity Kitchen aggregates the best protocols and equipment for optimizing diet to meet homeowner Health, Longevity and Performance Goals.

It is equipped with a wide array of smart appliances and advanced technologies that are guided by sensor-equipped AI Co-Pilots which give automatic recommendations based on homeowner diet history and health sensors (e.g., wearables), serve as Co-Chefs via VR and AR Goggles to give home cooks a more data-enabled view for meal preparation, and automatically restock groceries according to meal plans and needs via fridge and freezer sensors.

It features sophisticated water purifiers and filters, and IoT-enabled that infuse the home's water with negatively charged ions, ozone and hydrogen, and purify it via double distillation and the production of "dead water".

It also is equipped with specialized fixtures for therapeutic foods like fermented kombucha, kefir, and sauerkraut, and makes real-time meal-specific flavoring recommendations that incorporate Ayurvedic spices which offer tangible therapeutic benefits and closely match the meal's desired taste profile.

Longevity Suitcase (Mobile Blueprint)

The Mobile Blueprint is a travel case weighing up to 10 kg, equipped with various devices for **Longevity Diagnostics** and **Treatments**. Tailored for portability, this blueprint combines essential tools for Health, Performance and Longevity Optimization at work, during trips and on-the-go.

Smartphone-integrated and AI-Co-Pilot enabled, the Longevity Suitcase applies the same real-time AI-augmented blueprint execution and adjustment as the other Longevity Home blueprints.

Through its AI Co-Pilots, the suitcase adjusts both levels and frequency of output, executed blueprint composition and the specific nature of its real-time personalized recommendations according to external sensors (e.g. measuring ambient environmental hazards) and user sensors (diagnostics, health wearables, etc).

It enables users to apply a similar standard of living while away from the home on business trips and vacations, or when at work. If 'home is where your health is', the Longevity Suitcase allows you to bring your home wherever you go.



Longevity Home Pillars

1. Neutralizing Environmental and Material Hazards in the Home



Pillar 1: Protecting home from internal and external hazards (electromagnetic, material and chemical), and optimizing air and water within the home

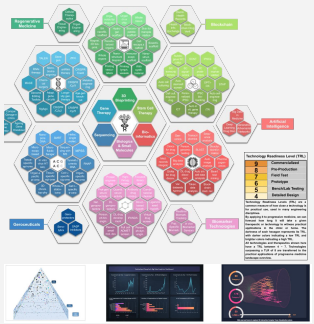
2. Equipping Home with Health, Longevity and Performance-Augmenting Hardware



Pillar 2: Installing Health, Longevity and Performance enhancing equipment and hardware in the home (diet, exercise, medical, diagnostic, wellness, sleep, lifestyle, cognitive, social, etc).

Longevity Home

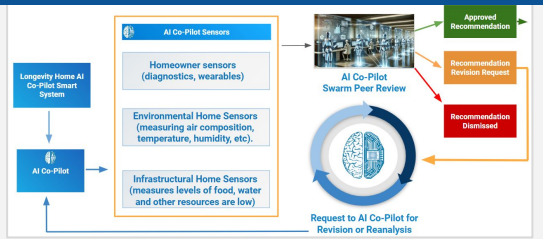
3. Blueprints and Protocols



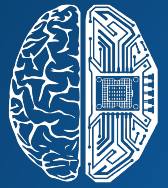
Pillar 3: Blueprints and Protocols that define how the home's hardware and software are integrally applied to Health, Longevity and Performance. Each room has its own Blueprint, applied and adjusted in real-time by AI Co-Pilots equipped with sensors.

4. AI Co-Pilots

Pillar 3: AI Co-Pilots that apply blueprints and protocols in real time.



Each blueprint has its own AI Co-Pilot for real-time adjustment according to IoT sensors (homeowner diagnostics and wearables and ambient home sensors).



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Longevity Industry Analytics

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